

Pass the Parcel

Shopping List



☐	1 box of breakfast cereal, upto 500g	1 tin tomatoes	☐
☐	1 litre carton long-life milk	1 tin rice pudding or custard	☐
☐	500g dried pasta	1 tin meat (any)	☐
☐	500g dried rice	1 tin fish (any)	☐
☐	1 jar/carton pasta sauce	1 tin spaghetti or spaghetti hoops	☐
☐	1 tin baked beans	1 packet biscuits or crackers	☐
☐	1 tin soup	1 jar jam or spread	☐
☐	1 tin vegetables (any)	1 bottle/carton juice or squash	☐
☐	1 tin pulses (kidney beans, chickpeas)	20 teabags	☐
☐	1 tin fruit	250g sugar	☐