

MK Food Bank

14 Burners Lane, Kiln Farm,
Milton Keynes,
MK11 3HB
office@mkfoodbank.org.uk
01908 322 800



Fundraisers!!

Could you spare some time individually, family, work mates or school?

MK Food Bank is looking for fundraisers and champions in Milton Keynes who would like to make a **real difference** in their local community.

The Facts

9,500 emergency parcels in 2022 so far – a **27%** increase on 2021

50 new households need support every week

250,000 food items distributed

Donations down by **33%**



Helping those in crisis in Milton Keynes

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How you can help

MK Food Bank is looking for fundraisers and champions in Milton Keynes who would like to make a **real difference** in their local community.

Here's how you can help!

We have set fundraising goals for children to complete, whether its via sports day, PE, or classroom activities!



- 50 Cup Cakes for Bake Sale
- 33 Laps around the playground
- 5,000 Steps/Crafts/Donations
- 9,500 Steps, Athletic activities



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Return Donations/Monies

Set up your Fundraising page

<https://www.justgiving.com/thefoodbank>
<https://localgiving.org/charity/mkfoodbank/>

Or fundraise **offline** with our sponsorship forms
and return cheque or donations to us in person!

Email our office for
banners, buckets and
stickers



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Amount [illegible]

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Shopping List

- ✓ Tinned Meat
- ✓ Tinned Fish
- ✓ Tinned Pulses
- ✓ Tinned Fruit
- ✓ Tinned Tomatoes
- ✓ Long Life Milk
- ✓ Juice or Squash
- ✓ Spreads — Jams, Peanut Butter
- ✓ Tinned Pasta
- ✓ Tinned Veg
- ✓ Pasta Sauce
- ✓ Dried Rice — 500g or 1kg packets
- ✓ Rice Pudding/Custard
- ✓ Cereal
- ✓ Biscuits
- ✓ Loo Roll



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